**Mrs Hobbs' Headlines**

**Dear Students, Parents & Staff**

**A New Staff Member**
I am pleased to announce that we have appointed a new Senior English teacher for 2017. Mr Michael Bishop comes to us from Monivae College where he has been the Lead of the English Faculty and Senior English Teacher. Mr Bishop comes with many years of English teaching experience, including in 2015 as an English VCE assessor and will be a great asset to our College.

Mr Bishop will be meeting with our VCE students over the coming weeks to talk about expectations and homework requirements for the start of 2017.

**Orange Day**
This coming Friday children and staff are asked to wear something orange in support of saving the habitat of the Orang-Utan. This is an awareness day and children do not need to bring a donation, but will participate in activities where they will understand the risks to the Orang-Utan and the importance of using Certified Sustainable Palm Oil.

**Rocklands Ride**
Congratulations to the College Welfare Team who organized a wonderful day at Rocklands. Well done to all students, whether walking or riding everyone participated with a cheery smile, well done to those students who rode the whole way for the first time.

**Lions Peace Poster Competition**

Our annual Peace Poster competition was held last week and we once again had an extraordinarily hard job of picking our winner. Four encouragement awards of Derwent Pencils from the Lions Club were presented to Blaire Penrose, Charlotte McClure, Montana Shrive and Poppy Austin. Slades Newsagency once again sponsored our winning 36 pack of Derwent Pencils which went to Lucy Roberts. Congratulations Lucy. Lucy's poster headed off to Williamstown on the weekend to District Convention to participate in the next level which has approximately 30 participants. Good luck Lucy.

Kaye Parker

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*Balmoral Community College is committed to Child Safety. We want children to be safe, happy and empowered. We support and respect all children, as well as, staff and volunteers.*
Uniform Orders
The end of the year is coming upon us very quickly and our uniform supplier LW Reid has advised that if we want to order uniform and get it delivered before the end of the year we are required to put in our order before 21st November. If the orders are not in by this date the delivery could be in mid to late February 2017. Therefore I am asking for parents that are wishing to order any uniform to get their orders and payments in by Friday 18th November. Anyone that does not have an order form and would like one or you have any questions or you would like your child to try on some uniform for size, should please contact me at the Office on 5570 1247, email merryfull.maria.m@edumail.vic.gov.au or you can also print off the order form from the College website. Please note that there may be second hand uniform items available from the second hand shop in town that is open on Friday’s.
Thank you, Maria, Administration.

Expression of Interest for 3 year old Kinder
Names are now being taken for enrolment for 3 Year Old Kindergarten Program at Balmoral K-12 Community College 2017. We are looking to run the program from 8:45am till 1:30pm on Thursdays. Once your child has turned 3 they are eligible to attend.
Please contact the College if you require any further information or would like an enrolment pack sent home.
Expressions need to be into the College by 6th of December. The program will only run if we have sufficient numbers.
Balmoral Community College phone no. 5570 1247 or email: balmoral.k12.cc@edumail.vic.gov.au
Mrs Wendy Hobbs, Principal
Miss Alice Houlihan, Kindergarten Director

2016 School Council Members
Ms Helen Grego – President
Mr Mark Kuchel
Ms Bev Munro
Mr Daniel Thomson
Mrs Jackie Grant
Miss Alice Houlihan
Mrs Mary Merryfull
Mrs Kate Wardlaw

SOUTH ARAPILES TENNIS ASSOCIATION
Promoting and regulating the game of tennis within the South Arapiles District
A00203020X

Once again, South Arapiles Tennis Association will be offering tennis coaching to all primary and secondary school students. This is a wonderful opportunity for students to participate in a week of tennis and to be coached by very experienced coaches.
Thanks to the support of generous donations from Ace Radio, Horsham Intersport, JDP Agriculture, Balmoral Lions Club, Landmark Hamilton, Mogas Regional Balmoral, Western Hotel Balmoral, Balmoral Community Store, and McDonald’s Rural, SATA will be offering a subsidy of $10.00 per child.
To incorporate with the school and coaches, tennis coaching will be from the 12th to 16th of December this year. The coaches will run coaching sessions with the various levels throughout the day. Preps to Year 3 students will be coached at school and higher levels are taken down to the Balmoral Tennis Courts. Parent Consent Forms will be forwarded to all registered students to be completed and returned prior to commencing coaching.
Cost:
Preps to Year 3 (beginners) $30.00
(normally $40)
All other Years (experienced) $80.00
(normally $90)
To register your child please pay by either direct deposit or cheque/cash (see details below) and email Bobbie McLean at bobbieangus@skymesh.com.au
Please include your
• method of payment (include receipt # if paid by direct deposit),
• your child’s name,
• your child’s year level,
• child’s address,
• emergency contact name and phone number.
Registrations must be in by Wednesday 30th November.
Payments can be made by Direct Deposit to:
Account Name: South Arapiles Tennis Association
BSB: 083-088
Account Number: 825786634
*Please reference child’s name
Alternatively you can send all cash or cheque payments (payable to the South Arapiles Tennis Association) in a clearly marked envelope to school office via Maria.
PLEASE NOTE:
This is not a school run activity so please do not contact the school. For any questions please contact Bobbie McLean, Secretary SATA at 55797240 or email bobbieangus@skymesh.com.au
There may also be opportunities for adult coaching after hours—please let Bobbie know if you are interested.
Orange Day

Next Friday, 11th November, we will be turning the school orange to show our support against palm oil being a hidden ingredient in our food. Rainforests are cleared to make way for palm oil plantations which is threatening already endangered animals like the Asian elephant, the orang-utan and the rhino. On the 25th November sixteen ministers will vote to decide if palm oil will continue to be a hidden ingredient on the supermarket shelves. Students at Balmoral will write letters to these government ministers in favour of clearly labelling products which contain palm oil. So on Friday 11th please dress in orange to show your support. No gold coin donations are sought as this is all about raising awareness. As it is also Remembrance Day please accessorise with a poppy. "Lest we forget".

Pre-loved iPad Mini For Sale
(WiFi only/1st Gen 16gb Model A1432)
Purchased new 2015 Very good condition
Has been reset to factory settings
Charger and Leather Case
$160
Contact Fiona Jagger 5570 1426

Gun Safety Course
Monday 21st November
3.45pm to 4.45/5.00pm finish
Balmoral K-12 Community College
Middle Years Area

Cost $10.00 students, $15.00 adults
Payable at the course

All community members welcome
For bookings & enquiries please contact:
Chrissy Flavel
0434 035 969
Rocklands Ride/Walk
Last Wednesday, staff, students and parents participated in our whole school Welfare Day at Rocklands. There was a significant number of students rode their bikes all the way to Rocklands, an excellent feat, especially for our Year 3 students. Students who were unable to ride tested their stamina by walking from the Western Hotel to the Balmoral Golf Club. Some of our students and staff were keen to continue to walk beyond the Golf Club and were picked up by the buses several kilometres on. Group activities began when all the riders made it to Rocklands and some much needed nourishment was consumed, there were challenge activities, a scavenger hunt, art activity and a whole group game of camouflage. We had a delicious BBQ lunch followed by the next couple of group rotations. The day finished off with a lucky prize draw of ‘water inspired’ prizes generously donated by Wannon Water. The school would like to thank Wannon Water for their support of our Rocklands Welfare Day.

We would like to say a huge thank you to parents and community members who gave their time to support and encourage students in their efforts. These included Lisa McClure—support vehicle driver and first aid, Bobbi McLean—support vehicle driver, Jacinta Grant—helping with the BBQ and members of the Balmoral Bush Nursing Centre—fruit/drink stop.

Welfare Team

PARENTING INFORMATION FORUM
SUPPORTING PARENTS, GRANDPARENTS, CARERS AND OTHER INTERESTED ADULTS.

HAVING THE TALK
STARTING CONVERSATIONS ABOUT ADOLESCENT RELATIONSHIPS AND SEXUAL HEALTH PRESENTED BY ATHI KOKONIS – Family Planning Victoria.

Young people often want to talk with their parents about sexuality and relationships. Many parents are unsure where to start or may feel uncomfortable about having these conversations. Avoiding the subject is not helpful for young people as they can often receive the wrong information elsewhere. In this forum Athi Kokonis from Family Planning Victoria (FPV) will provide guidance on practical and respectful ways parents can interact with adolescents about sexuality and relationships. This forum will provide assistance on how to begin the conversation, maintain the connection through adolescence and how to deal with difficult questions and sensitive issues.

Athi has been working in schools as both teacher and community educator for over 25 years. She has been with Family Planning Victoria for 13 years and works with students from primary, secondary and special school settings.

WEDNESDAY 7TH DECEMBER 2016
6.30-8.00pm – A light supper to follow. No Charge.
Venue: MIDDLE YEARS AREA, BALMORAL K-12 COMMUNITY COLLEGE
RSVP: Please register by phoning the school 55701247 - for catering purposes.
Further information: Please contact Jo McCure 0428185759

Mr Middlebrook "hiding" during a Rocklands Ride activity.
Canoe Trip

On Sunday the 30th October, the advanced class of year 9/10 Duke of Ed took an adventurous journey to Rocklands to test our canoeing skills. Although many were rusty we got through the unforgiving weather to prevail.

We arrived at school at around quarter to nine with hefty loads, which may or may not have been waterproofed. Once checking all students bags we found trouble with the communal roast, it was going to be too big for our camp oven, so the girls took it over the road to be slaughtered.

Once all problems were solved, we were ready to make a move. We first took off, only to reach the Balmoral café where Brenno discovered that he had forgotten his hat so he quickly nicked into the café to get a cap. We then set off on our journey of a lifetime, stopping only 10 metres further up the road to go to the supermarket to get matches; we discovered that underage’s cannot buy matches from a local supermarket. We set off for the third time, reaching Mrs Perry’s driveway whereby a kind student aka Matthew Jones bought up the fact that we didn’t have any life jackets on board. We came to a sudden stop!

We headed back to school to collect the life jackets and also the oil forgotten by the girls.

We took off for the fourth time to Glendenning with no stops. We dropped off the car and headed to Rocklands to start our canoeing.

After pulling out all of the canoes from the trailer and going over a few safety regulations, we got on the water for half an hour before we came back in for lunch. After finishing lunch the weather turned quite violent, but we pushed through to load our stuff on the canoe, getting ready to go. The wind started to pick up and rain started to fall. Brenno pulled the pin on the canoeing for the day, so we headed off to school where we camped the night, entertaining ourselves and having a phantasmagoric feed.

On the Monday morning we set off quite early to get a head start on the weather. We got down to Rocklands, quickly unpacked our gear and got on the water. Some of us struggled (Mitch, Matt) to go straight, and ended up going the wrong way and doing extra kilometres. At this stage the weather was good and made for a good day. We practiced our skills through water plantation, which was a challenge but quite rewarding. The weather turned suddenly and caused us to paddle into the wind and waves. We played some fun games out on the water and kept ourselves amused.

We would like to thank Mr Brennan for organising and leading the camp and doing a wonderful job of it. Also to Toni, who left the kids at home, to support and join us. To Ann Vaughan who ended up buying the matches for us and to Ross McIntyre and Gav Hair for donating the leg of lamb. As students it was a lovely experience to spend our time with the honeymooning couple of Mr Brennan and Toni!!!!!!!

Mitch Hair
Naracoorte Caves
On Thursday the 27th of October the preps, ones and twos went on an excursion to the Naracoorte caves. We went there because we wanted to learn more about caves. When we went through the cave we saw soda straws, stalactites, stalacmites and flowstone. Then we went and had lunch in the national park. Then we went to the Fossil Centre. We looked for bones and that was fun. Gavin (our tour guide) told us most of the bones were legs and ribs. Then we went to the playground and had afternoon tea. Next we went to another park to have tea. I had Aussie Pizza!

Chloe Laidlaw Grade 1

On Thursday, preps to two went to the Naracoorte caves. We went into a pretend cave with moving robots. The pretend sky looked real. We crawled into a hole. We sorted the bones and put them back. At the end of the cave there were holes in the roof. Then there were crystals hanging from the roof. Then we climbed some big steps to get out of the cave.

Charlie Jarvis Grade 1
Mosquitoes can carry diseases

Part One
Mosquitoes can carry diseases that may be passed on to people through mosquito bites. In Australia, some of these include Murray Valley encephalitis virus, Ross River virus, Barmah Forest virus and dengue virus. Periods of heavy rainfall or floods can lead to ideal breeding conditions for mosquitoes, even in non tropical areas. Diseases that are spread by insects are known as ‘vector-borne’ diseases. Mosquito-borne diseases can make people ill and, in severe cases, can cause death.

How to avoid mosquito bites
There are many simple things you can do to avoid getting bitten by mosquitoes, including:

- Wear long, loose-fitting clothes if mosquitoes are around.
- Cover up as much as possible.
- Use an effective mosquito repellent on all exposed skin.
- Prevent mosquito breeding around your own home.
- Prevent mosquitoes from getting inside by using fly screens on windows and doors.
- Use mosquito coils or insecticide candles in small, outdoor areas.

Choosing a mosquito repellent
Mosquito-borne diseases can cause life-threatening illness. There are many simple things you can do to avoid getting bitten by mosquitoes.

Repellents come in lotions, gels, aerosols and pump sprays. Lotions and gels are easier to apply, though all repellents containing picaridin and DEET (N,N-Diethyl-m-toluamide or diethyltoluamide) are effective at repelling mosquitoes when used correctly. Repellents containing picaridin or DEET are the most effective. These products are available in different strengths (known as ‘concentrations’) ranging from 3–100% DEET, or 10–20% picaridin. Higher concentrations provide protection for longer. Natural repellents (such as Citronella or Eucalyptus) provide very limited protection from mosquitoes.

How to use mosquito repellent
Like sunscreen, mosquito repellent is only effective if applied to all exposed skin. A few dabs here and there will not keep the mosquitoes away. Aim to apply a thin, even layer to all exposed skin. Repellent may need to be reapplied frequently, particularly if you have been sweating from the heat or exercise. Mosquito repellent is not water-resistant like most sunscreens, and must be reapplied after swimming. If using mosquito repellent in conjunction with sunscreen, apply the sunscreen first. Remember:

- Choose mosquito repellents that contain picaridin or DEET as the active ingredient.
- Always read and follow directions on the label.
- Do not apply excessive repellent – use only a thin, even layer.
- Never allow young children to apply their own repellent. Avoid applying repellent to your children’s hands, eyes and mouth.
- Always store repellents safely and out of reach of children.

Part Two will appear in next week’s newsletter.
## 2016 Term 4 Planner

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<th>Week</th>
<th>Monday</th>
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<tr>
<td>Week Six</td>
<td>4/5 Camp Roses Gap</td>
<td>4/5 Camp Roses Gap</td>
<td>4/5 Camp 9/10 Canoe Trip Info Night 7pm Middle Years Parents &amp; Students</td>
<td>Homework Club 9/10 Duke of Ed Canoe Trip</td>
<td>Year 12 Graduation Dinner Orange Day</td>
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<td>7 - 11 Nov</td>
<td>Yr 9-11 Exams</td>
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<td>Last Day for All Uniform Orders Whole School Assembly 2.30pm</td>
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<td>Week Seven</td>
<td>VCE Headstart Gun Safety Course</td>
<td>VCE Headstart Rock ‘n’ Roll Performance</td>
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<td>Athletic Sports</td>
<td>Pupil Free Day Report Writing</td>
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<td>Week Eight</td>
<td>Year 9-10 Melbourne</td>
<td>One Up Day Kinder Orientation Day Year 9-10 Melbourne</td>
<td>&quot;Having the Talk&quot; Info Evening 6.30 - 8.00pm</td>
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<td>Yr 5-8 Sovereign Hill Year 9-10 Ag Bordertown</td>
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<td>21 - 25 Nov</td>
<td>Tennis Coaching</td>
<td>Awards Night Tennis Coaching</td>
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<td>28 Nov - 2 Dec</td>
<td>Yr 9-11 Exams</td>
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<td>Week Ten</td>
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<td>5 - 9 Dec</td>
<td>Last Day For Students</td>
<td>Pupil Free Day</td>
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<td>Week Eleven</td>
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**Library Stocktake**

The Library will begin its annual stocktake during the first week of December. It would be appreciated if all overdue books could be returned by the end of November. Books like to hide in places such as bookshelves, under beds and especially it seems, under the seats in cars.

Many thanks Tania Shalder