Mrs Hobbs’ Headlines

Dear Students, Parents & Staff

Good Luck

Good luck to the VCE students who are starting their exams this week. Last Thursday we farewelled our Yr. 12 students with a shared staff/student morning tea and wished both our two VCE students and our VCAL boys the best of luck for their future endeavours.

Thankyou

Thankyou to Mr Lewis, Mrs Amery and Mrs Shewry for their organisation and care of students on the Yr. 3 camp last week. By all accounts students had lots of fun and it was unfortunate that some students made the sick list and had to go home early.

Thankyou to parents for being so understanding and collecting their children from camp or from school on the Friday.

“Water – Life – Growth”

Congratulations to year 4 student Joshua Grant who was a first prize winner in this year’s Wannon Water Poster Competition. This competition is also supported by Southern Rural Water and the Glenelg Hopkins Catchment Management Authority.

Wannon Water’s Education Officer, Catherine Grist, visited the school last Tuesday to present a very surprised Josh with his prize! The school was also given a selection of tools and goods to use in the garden.

This year’s theme was “Water – Life – Growth”. Josh completed a very colourful poster in which he included many uses for water relevant to the local Balmoral area. Josh was one of 490 students from across South West Victoria and won first prize in the Years 3 & 4 section.

Well done Josh, keep up the good work!!

Thanks to everyone who helped make the Art Show such a success! The positive feedback and cooperation that I received from you, the school community, was fantastic, as were the looks on the student’s faces when they saw their work displayed in a gallery. Thank you to Hamilton Rotary, Joe Perry and Suse McClure for your valuable and much appreciated time and support, and to those parents and staff who also helped me in some way. Daniel Grego, your help in setting up, was amazing!

Thanks!
Betty Perry

2016 School Council Members

Ms Helen Grego – President
Mrs Wendy Hobbs Mr Mark Kuchel
Mr Sam Roberts Ms Bev Munro
Mrs Kaye Parker Mr Daniel Thomson
Mr Luke Rees Mrs Jackie Grant
Mrs Lisa Cameron Miss Alice Houlihan
Mrs Kylie McClure Mrs Maria Merryfull
Mr Justin Weaver Mrs Kate Wardlaw

Balmoral Community College is committed to Child Safety. We want children to be safe, happy and empowered. We support and respect all children, as well as, staff and volunteers.
Rocklands Ride/Walk

Balmoral Community College is fully committed to student and staff wellbeing and welfare and as part of that ongoing commitment the Welfare team have organised the Rocklands Bike Ride to foster a positive and enjoyable whole school community activity.

It is a perfect opportunity for students, staff, parents and community members to participate in a day of social activity that promotes positive relationships between members of our school community.

The Rocklands Ride/Walk will be similar to previous years with students from Years 3 and up, staff and parents having the opportunity to ride their bikes to Rocklands Reservoir and students in Years Prep, 1 and 2 and students who are unable to ride will walk from the Western Hotel to the Balmoral Golf Club and then be bussed out to Rocklands.

We will have fruit/drink stops along the way and a barbecue lunch for everyone. There will be a rotation of exciting and challenging activities for students to participate in.

Please fill in the permission forms and return them to school. Bikes can be left at school in readiness for the ride.

Your child/children will need snacks and water for the day and suitable clothing for riding/walking and activities-running shoes will need to be worn.

Come along and support our whole school wellbeing day.

Bernadette Kirby, Jo McCure and Cherryl Amery
BCC Welfare Team

Wimmera Hearing Van

The Wimmera Hearing Society will be at the College from 9.30am to 10.00am conducting hearing tests for all Year 7 students on Friday 4th November. All Year 7 students received a letter for their parents advising of the hearing test but if you think your child needs a hearing test and is not in Year 7 please contact the College and we can arrange for this test to be done. The hearing van will also be at the Balmoral Bush Nursing Centre from 10.00am until 4.00pm on the same day. The WHS encourages a gold coin donation.

Gun Safety Course

Looking to run a course for anyone aged 11+, interested in acquiring their shooters licence.

If we can get ten or more the instructor will come to Balmoral, most likely on a Monday night, straight after school.

Could you please call Christine Flavel on 0434 035 969 to register your interest.

DID YOU KNOW - DENTAL SERVICES ARE AVAILABLE AT BBNC?

South West Healthcare dental staff visit BBNC every second Friday.

Public dental services are available free of charge to eligible children. Services are available to all other clients on a fee for service basis.

Dental services available include:
- Check-ups
- Fissure Sealants
- Cleanings
- Fillings
- X-rays
- Extractions
- Root canal treatments

For an appointment or more information please call BBNC on 5970 1304 or South West Healthcare on 5991 8347.
Balmoral K-12 Community College Newsletter 25.10.2016

Thanks

Thankyou to everyone who donated books to the Pop Up Bookshop for the Food For Thought Festival Fete. We had a very successful day. I would like to thank Emerald Selway and Sophia Leeming from grade 3 for their fabulous work in pricing and sorting all the books and to Angus Cameron from Prep for assisting me on the day to set up, you were all wonderful, Thankyou! Tania Shalders

Please note that the Year 9/10 Agricultural Elective trip to Bordertown this Wednesday has been cancelled due to unforeseen circumstances. We apologise for any inconvenience.

From Jo's Kitchen...

Sticky Poached Asian chicken

These sticky Asian chicken thighs are sure the please the whole family, and they're so easy to make. Simply throw all the ingredients onto a baking tray and pop it in the oven and you've got a delicious chicken dinner in no time!

Serves: 4 | prep: 0:15 | cook 1:10

Ingredients
• 800 g chicken thigh fillet
• 1 cup Massel Liquid Stock Chicken Style
• 1 tbs fish sauce
• 1 stalk lemongrass stalk (finely chopped)
• 1 tsp lime rind
• 2 tbs lime juice
• 1/4 cup brown sugar
• 3 clove garlic (crushed)
• 1 piece ginger (finely grated)
• 1/4 cup coriander leaves
• 1 jasmine rice (*to serve)
• 1 Asian greens (*to serve)
• 1 lime (cut into wedges, *to serve)

Method
1. Preheat oven to 180C (160C fan-forced).
2. Place chicken, Massel Liquid Stock Chicken Style, fish sauce, lemongrass, lime rind and juice, sugar, garlic and ginger in a 25cm x 35cm ovenproof baking dish. Toss to coat. Roast for 1 hour, turning chicken halfway through.
3. Strain cooking liquid into a large frying pan and bring to a boil. Boil for 3-4 minutes or until thickened. Return chicken to baking dish and pour over reduced sauce.
4. Switch oven to grill. Cook chicken under grill for 4 minutes. Baste and grill for another 4 minutes or until sauce is sticky.
5. Serve chicken with steamed rice, Asian greens and lime wedges and sprinkle with coriander.

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SOUTH ARAPILES TENNIS ASSOCIATION
Promoting and regulating the game of tennis within the South Arapiles District
A00203020X

Once again, South Arapiles Tennis Association will be offering tennis coaching to all primary and secondary school students. This is a wonderful opportunity for students to participate in a week of tennis and to be coached by very experienced coaches. Thanks to the support of generous donations from Ace Radio, Horsham Intersport, JDP Agriculture, Balmoral Lions Club, Landmark Hamilton, Mogas Regional Balmoral, Western Hotel Balmoral, Balmoral Community Store, and McDonald's Rural, SATA will be offering a subsidy of $10.00 per child.

To incorporate with the school and coaches, tennis coaching will be from the 12th to 16th of December this year. The coaches will run coaching sessions with the various levels throughout the day. Preps to Year 3 students will be coached at school and higher levels are taken down to the Balmoral Tennis Courts. Parent Consent Forms will be forwarded to all registered students to be completed and returned prior to commencing coaching.

Cost:

Preps to Year 3 (beginners) $30.00 (normally $40)

All other Years (experienced) $80.00 (normally $90)

To register your child please pay by either direct deposit or cheque/cash (see details below) and email Bobbie McLean at bobbieangus@skymesh.com.au

Please include your
• method of payment (include receipt # if paid by direct deposit),
• your child’s name,
• your child’s year level,
• child’s address,
• emergency contact name and phone number.

Registrations must be in by Wednesday 30th November.

Payments can be made by Direct Deposit to:
Account Name: South Arapiles Tennis Association
BSB: 083-088
Account Number: 825786634
*Please reference child’s name

Alternatively you can send all cash or cheque payments (payable to the South Arapiles Tennis Association) in a clearly marked envelope to school office via Maria.

PLEASE NOTE:
This is not a school run activity so please do not contact the school. For any questions please contact Bobbie McLean, Secretary SATA at 55792740 or email bobbieangus@skymesh.com.au

There may also be opportunities for adult coaching after hours—please let Bobbie know if you are interested.

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4. Switch oven to grill. Cook chicken under grill for 4 minutes. Baste and grill for another 4 minutes or until sauce is sticky.
5. Serve chicken with steamed rice, Asian greens and lime wedges and sprinkle with coriander.
## 2016 Term 4 Planner

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<tr>
<th>Week Four</th>
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<tr>
<td>24 - 28 October</td>
<td>School Council</td>
<td>9/10 Ag Elective Trip - Cancelled Breakfast Club</td>
<td>Homework Club</td>
<td>P-2 Naracoorte Caves</td>
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<td>VCE English Exam</td>
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<tr>
<td>31 Oct - 4 Nov</td>
<td>Duke of Ed Camp 9/10</td>
<td>Melbourne Cup Holiday</td>
<td>Rocklands Bike Ride</td>
<td>Homework Club</td>
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<td>Year 12 Graduation Dinner</td>
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<tr>
<td>7 - 11 Nov</td>
<td>4/5 Camp Roses Gap</td>
<td>4/5 Camp Roses Gap</td>
<td>4/5 Camp 9/10 Canoe Trip Info Night 7pm Middle Years Parents &amp; Students</td>
<td>Homework Club</td>
<td>9/10 Duke of Ed Canoe Trip</td>
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<tr>
<td>14 - 18 Nov</td>
<td>Yr 9-11 Exams</td>
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<td>Homework Club</td>
<td>Last Day for Nov Uniform Orders</td>
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<tr>
<td>21 - 25 Nov</td>
<td>VCE Headstart</td>
<td>VCE Headstart Rock ’n’ Roll Performance</td>
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<td>Homework Club</td>
<td>Pupil Free Day Report Writing</td>
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<tbody>
<tr>
<td>5 - 9 Dec</td>
<td>One Up Day Kinder Orientation Day</td>
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<td>Yr 5-8 Sovereign Hill</td>
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<td>Tennis Coaching</td>
<td>Awards Night Tennis Coaching</td>
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<td>19 - 20 Dec</td>
<td>Last Day For Students</td>
<td>Pupil Free Day</td>
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