Mrs Hobbs' Headlines
Dear Students, Parents & Staff

Congratulations and Good Luck to all of our sporting teams.
On Saturday I had the pleasure of watching the Harrow Balmoral Under 13’s netball team win the Grand Final; well done to the girls who played beautifully and showed great teamwork and sportsmanship.
Also last week, the Balmoral Community College Hockey 7’s girls team was runner up in the State Championships. It came down to a nail biting play off after both teams were level at the final siren.
Well done girls, Ms Munro was very proud of the way that you played and thankyou to Mrs Weaver as team manager and all the parents who supported the girls on the day.
Yesterday we sent the Year 3 to 6’s off to Edenhope for the Kowree Athletics, congratulations to Holly Cooling & Tyler Hateley as age group champions and today is the Junior Secondary girls (Jorja, Iman, Indeya, Olivia & Rachel) teams turn to represent the College at the State Badminton Championships – good luck everyone.

That Child
I have come across this article (see pages 2-3 in newsletter) in the form of a letter to parents that I think sums up beautifully the day to day issues that, Principal’s and teachers can be confronted with. And as always it is timely to add that good communication between home and your child’s school is so very important.

Happy Holidays
It has been a very cold, wet and long term for students along with staff who all need a two week break, with hopefully some sunshine to rest and get over the ‘flu bugs’, etc that have been prevalent in the last weeks of this term.
To staff, parents and students enjoy the holidays and the family time that that allows for.

Around the Classrooms...
In the Prep classroom we are very excited to be learning about using our Word Diaries and how they help us to learn the words that we use all the time.

Heated Lunches
Reminder to families that heated lunches will be available on Mondays and Wednesdays throughout Term 3.
Monday, 12th September - Sally Jarvis
Wednesday, 14th September - Claire Wettenhall

As this is our last week of Heated Lunches for the students, we’d like to say a very big thankyou to parents who have volunteered with heating lunches for Terms 2 & 3. Your support is very much appreciated.

2016 School Council Members
Ms Helen Grego – President
Mrs Wendy Hobbs  Mr Mark Kuchel
Mr Sam Roberts  Ms Bev Munro
Mrs Kaye Parker  Mr Daniel Thomson
Mr Luke Rees  Mrs Jackie Grant
Mrs Lisa Cameron  Miss Alice Houlihan
Mrs Kylie McClure  Mrs Maria Merryfull
Mr Justin Weaver  Mrs Kate Wardlaw

Balmoral Community College is committed to Child Safety. We want children to be safe, happy and empowered. We support and respect all children, as well as, staff and volunteers.
Dear Parent

I know. You’re worried. Every day, your child comes home with a story about THAT kid. The one who is always hitting, shoving, pinching, scratching maybe even biting other children. The one who always has to hold my hand in the hallway. The one who has a special spot at the carpet, and sometimes sits on a chair rather than the floor. The one who had to leave the block centre because blocks are not for throwing. The one who climbed over the playground fence right exactly as I was telling her to stop. The one who poured his neighbour’s milk onto the floor in a fit of anger. On purpose. While I was watching. And then, when I asked him to clean it up, emptied the ENTIRE paper towel dispenser. On purpose. While I was watching. The one who dropped the REAL ACTUAL F-word in gym class.

You’re worried that THAT child is deterring from your child’s learning experience. You’re worried that he takes up too much of my time and energy, and that your child won’t get his fair share. You’re worried that she is really going to hurt someone some day. You’re worried that “someone” might be your child. You’re worried that your child is going to start using aggression to get what she wants. You’re worried your child is going to fall behind academically because I might not notice that he is struggling to hold a pencil. I know.

Your child, this year, in this classroom, at this age, is not THAT child. Your child is not perfect, but she generally follows rules. He is able to share toys peacefully. She does not throw furniture. He raises his hand to speak. She works when it is time to work, and plays when it is time to play. He can be trusted to go straight to the bathroom and straight back again with no shenanigans. She thinks that the F-word is “stupid” and the C-word is “crap.” I know.

I know, and I am worried too.

You see, I worry all the time. About ALL of them. I worry about your child’s pencil grip, and another child’s letter sounds, and that little one’s shyness, and that other one’s chronically empty lunchbox. I worry that Gavin’s coat is not warm enough, and that Talitha’s dad yells at her for printing the letter B backwards. Most of my car rides and showers are consumed with the worrying.

But I know, you want to talk about THAT child. Because Talitha’s backward Bs are not going to give your child a black eye.

I want to talk about THAT child, too, but there are so many things I can’t tell you.

I can’t tell you that she was adopted from an orphanage at 18 months.

I can’t tell you that he is on an elimination diet for possible food allergies, and that he is therefore hungry ALL THE TIME.

I can’t tell you that her parents are in the middle of a horrendous divorce, and she has been staying with her grandma.

I can’t tell you that I’m starting to worry that grandma drinks...

I can’t tell you that his asthma medication makes him agitated.

I can’t tell you that her mum is a single parent, and so she (the child) is at school from the moment before-care opens, until the moment after-care closes, and then the drive between home and school takes 40 minutes, and so she (the child) is getting less sleep than most adults.

I can’t tell you that he has been a witness to domestic violence.

That’s okay, you say. You understand I can’t share personal or family information. You just want to know what I am DOING about That Child’s behavior.

I would love to tell you. But I can’t.

I can’t tell you that she receives speech-language services, that an assessment showed a severe language delay, and that the therapist feels the aggression is linked to frustration about being unable to communicate.

I can’t tell you that I meet with his parents EVERY week, and that both of them usually cry at those meetings.

I can’t tell you that the child and I have a secret hand signal to tell me when she needs to sit by herself for a while.
I can’t tell you that he spends rest time curled in my lap because “it makes me feel better to hear your heart, Teacher”.

I can’t tell you that I have been meticulously tracking her aggressive incidents for 3 months, and that she has dropped from 5 incidents a day, to 5 incidents a week.

I can’t tell you that the school secretary has agreed that I can send him to the office to “help” when I can tell he needs a change of scenery.

I can’t tell you that I have stood up in a staff meeting and, with tears in my eyes, BEGGED my colleagues to keep an extra close eye on her, to be kind to her even when they are frustrated that she just punched someone AGAIN, and this time, RIGHT IN FRONT OF A TEACHER.

The thing is, there are SO MANY THINGS I can’t tell you about That Child. I can’t even tell you the good stuff.

I can’t tell you that his classroom job is to water the plants, and that he cried with heartbreak when one of the plants died over winter break.

I can’t tell you that she kisses her baby sister goodbye every morning, and whispers “You are my sunshine” before mum pushes the stroller away.

I can’t tell you that he knows more about thunderstorms than most meteorologists.

I can’t tell you that she often asks to help sharpen the pencils during playtime.

I can’t tell you that she strokes her best friend’s hair at rest time.

I can’t tell you that when a classmate is crying, he rushes over with his favourite stuffy from the story corner.

The thing is, dear parent, that I can only talk to you about YOUR child. So, what I can tell you is this:

If ever, at any point, YOUR child, or any of your children, becomes THAT child...

I will not share your personal family business with other parents in the classroom.

I will communicate with you frequently, clearly, and kindly.

I will make sure there are tissues nearby at all our meetings, and if you let me, I will hold your hand when you cry.

I will advocate for your child and family to receive the highest quality of specialist services, and I will cooperate with those professionals to the fullest possible extent.

I will make sure your child gets extra love and affection when she needs it most.

I will be a voice for your child in our school community.

I will, no matter what happens, continue to look for, and to find, the good, amazing, special, and wonderful things about your child.

I will remind him and YOU of those good amazing special wonderful things, over and over again.

And when another parent comes to me, with concerns about YOUR child...

I will tell them all of this, all over again.

With so much love,
Teacher.
Coleraine Hockey Presentations...

Results from Coleraine vote count = Gold Team - Rachel Duggan Best & Fairest, All round Defender - Thomas Rees, Maroon Team - Lucy Roberts Best & Fairest, Phoebe Russell best on ground for finals, Mel Smith team player, Div 5 Runner up Best & Fairest Harry Lyons, Most Improved Kate Smith. Congratulations and very well done to you all.

School Photos
School Photos will be done by MSP Photography at the College on Thursday 6th October. Photo envelopes will be handed out to students this week. Please check student details and correct if needed. Please return completed envelopes to the College ON or BEFORE the photography day. Family envelopes can be picked up from the office before photo day. Instructions on payments etc... can be found on the envelopes. Please do not hesitate to contact the College if you have any questions.

Parents Please Remember...
On photo day, please send your child to school with:
1. A completed envelope (even if not placing an order or ordering online). Note: Family envelopes can be picked up from the office before photo day.
2. Best school clothes (clean is always best!)
3. Their best smile!

Legacy Badges
SRC are selling Legacy Badges again this year at the College until Friday 9th September. Badges are $2, $5, $10, $20 or $50. Wrist bands and Pens are $3 each. If you would like to help out this fundraiser for Legacy please come to the Office during recess or lunchtime to purchase a badge or wrist band or pen.

Thank you for your support.

Pop Up Book Fair
The Library is seeking donations of saleable second hand novels, children’s, general interest books etc., to stock a Book Fair at the "Food For Thought" Festival in October. Please leave any donations with the Library. Many thanks to those who have generously delivered books. There is still room for more though!! A great way to clear out your shelves for some new books!!! Thankyou for your support.

Attention: Year 12 Students & Parents
If you intend going to university next year you need to be registered for VTAC.
Course applications close on 29th September at 5pm

Print making course
with
Mr Thomson
Time 6-8pm Cost: Free
14th of September Wednesday
If students are to attend they must be from grade 5 up.
Please ring the school to book a spot 5570 1247
20 places available

DID YOU KNOW - DENTAL SERVICES ARE AVAILABLE AT BBNC?
South West Healthcare dental staff visit BBNC every second Friday.
Public dental services are available free of charge to eligible children.
Services are available to all other clients on a fee for service basis.

Dental services available include:
- Check-ups
- X-rays
- Truama/Deciduous
- Extractions
- Cleaning
- Fillings

For an appointment or more information please call BBNC on 5570 1304 or South West Healthcare on 5531 8347
Toy fundraising catalogues are available. It’s an opportunity to start on your Christmas shopping and maybe even Birthdays!!

Chalk, Parent Direct and Educational Experience offer toys, books, puzzles, games, educational products and much more, where the College receives vouchers to the value of 20% of the orders placed. If you wish, you are welcome to complete your order online. Extra catalogues available at school office. Orders are due on Thursday, 15th September.

If you have any queries, please phone 5574 3232 or email pjrees@aussiebb.com.au.
Food For Thought Festival

2016 News...

Preparations for the 2016 Food For Thought Festival to be run over the week of Friday 7th October through to Saturday 15th October are well underway.

Based in the grounds of the Balmoral K-12 Community College, the week will begin with a highly anticipated Black Tie Dinner on Friday 7th October commencing at 6.45 pm. This will feature a four course meal with wines to match from Norton Estate Wines, using locally sourced ingredients, prepared under the guidance of Guest Chef Deidre Baum from “Deidre’s at Laharum”, ably assisted by Balmoral K-12 Community College senior students. Guest speakers on the evening include: Nathan Bastock owner of the Bunyip Brewery at Cavendish; Deidre Baum from “Deidre’s at Laharum” Restaurant and Amie Harper from the popular web blog “Amie Eats”. Tickets are strictly limited for this premier event and bookings are essential for catering purposes. Bookings must close soon so please get your tickets asap.

The following Friday, 14th October will feature a Literary Morning Tea commencing at 10.15 am. Popular guest authors Bec Kavanagh, Simmone Howell and Ellie Marney will give presentations about the lead female teenage role models in their respective books and the influence that they have on the youth of today, and then combine to host a discussion panel.

Bec Kavanagh is a writer, reviewer and educator. A YA specialist, she was the founder of “A Thousand Words Festival”, which celebrated young adult fiction. Bec is the Schools Coordinator for the Stella Prize.

Simmone Howell writes young adult fiction and screenplays. She is the author of “Notes from the Teenage Underground”, which won the Victorian Premier’s Prize for Young Adult Fiction.

Ellie Marney is a teacher and young adult author whose books include “Every Breath”, “Every Word” and “Every Move.” She has been shortlisted for numerous awards, including the Sisters in Crime Davitt Awards.

Bookings are essential for catering purposes.

The Festival culminates on Saturday 15th October with the hosting of the “Food For Thought Festival Fete” & Official Opening of the College’s newly refurbished Home Economics Centre. From 12 noon onwards, food & fun promise to be the order of the day with many attractions including: Jumping Castles, Fairy Grove for the younger children, St Arnaud Pipe Band, Art Show, various Cooking Demonstrations throughout the day, Brendan Bouchier the Butcher and his award winning christmas hams to preorder, Mel the Sweet Baker and her amazing cakes, Competitions, Face Painting, Taste Testings, Plaster fun and a whole lot more.

Stalls include: Chocolates, Crafts, Books, Clothing, Glassware, Coffee, Cakes, Spices, Herbs, Eggs, Gourmet Breads, Flints Wines, Boucher’s Butchery, Jewellery, Popcorn, Ice-creams, Gourmet Sausages, Curries, Mel the Sweet Baker, Plants, Native Flowers plus many more.

Evening music will feature “The Settlement” playing from 6.00pm-7.00pm followed by the Mason Brothers and a comedy act or two from Melbourne. Food stalls will be operating for the evening meal so come join us for a relaxing evening of entertainment.

Don’t forget to keep up with our Facebook page and don’t forget to Like and share our page with all of your friends. We will keep posting updates as information about new attractions come to hand.

For further information, tickets and stallholder enquiries, please contact:
Balmoral K-12 Community College 03 5570 1247 or during the holidays 0438 041 164.

Food For Thought Festival

Newsflash...

Jumping Castle Wristband Pre Sales....

All pre-purchased wristbands are $15 each and they provide the following...

Child 5 & under:
• Unlimited rides on small jumping castle
• 1 free Helium balloon
• 1 free cheek face painting

Students P-6:
Unlimited rides on 2 different jumping castles (twin giant slide & Looney Tunes Interactive) & Bungee Run all day

Students Yr 7 - Adult:
• Unlimited goes on the Bungee Run
• 1 free hot chocolate/coffee
• Free entry into Mr Middlebrook’s Crazy Competitions

Wristbands will be available for Pre-purchase during the first two weeks of term 4. Purchase on the day will be $20 or $4 for a single go on the jumping castles.

Can you help??
Hello Parents we need some market umbrellas for the Dinner and Fete and I was hoping some of you may be able to help. If you have an umbrella that you could lend us for these two events we would be very appreciative. Please let Maria at the school office know if you can help or just drop them off at the school. Many thanks Jackie Grant.
STUDENT WELFARE NEWS

Health education continues with middle years and years 9 and 10. Main focus area at the moment is positive body image, puberty and sexual health. We are hoping to celebrate “Fresh Faced Friday” again this year which is a campaign to help support us all being body and self-positive. With school camps and lots happening at the end of this term, we will schedule this for a day next term.

Cherryl and I have been facilitating “grief and loss” sessions with Grades 5 to 10. This has been really positive and the students have initiated some great conversations about Mrs Merryfull and we have talked about other aspects of grief and loss that the students have experienced through their growing up years.

Rocklands Ride is being planned for the 21st of October. Put this date in your diaries.

There is going to be another “Walk to School Day” in 4th term. The local shire is promoting this with schools and has joined up with the GEN R8 change in Hamilton (the community movement, trying to help reduce the rates of overweight and obese school aged children). A healthy morning tea will be provided to the students. Not sure of date yet.

The year 11 and 12 students, who visited Ballarat and donated blood on the 22nd August, were fantastic and did it with ease!! They had some supporters on the day and the Red Cross were very appreciative of their first ever blood donation. A great day out and there is an article in todays newsletter from students, to share their day with you and some photos.

Very excited to be involved in a “Relationships & Sexuality Education” program that is being facilitated by Family Planning Victoria. They are going to be coming to the school in November and running a PD session for Staff and also a Parent Education evening. Dates not yet decided but stay tuned. Athi Kokanis will be the presenter and she has so much knowledge in this area and is a fabulous presenter. The Parent session will be open to all parents/guardians of the school and beyond.

HAPPY HOLIDAYS!

Thankyou to everyone for returning your reading forms. I am pleased to announce that 65 students completed the Challenge!!!

Tania Shalders
## 2016 Term 3 Planner

<table>
<thead>
<tr>
<th>Week 10</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 - 16 Sept</td>
<td>VCE &amp; Yr 9/10 Elective Information Evening 6.00pm</td>
<td>State Badminton Year 7 Girls</td>
<td>Year 4/5 Camp Printmaking Session 6-8pm Last Day for Sep Uniform Orders</td>
<td>Year 4/5 Camp Last Day term 3 Footy Colours Day Dismissal at 2.30pm</td>
<td></td>
</tr>
</tbody>
</table>

### Term 4

<table>
<thead>
<tr>
<th>Week One</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 - 7 October</td>
<td>Little Desert Athletics</td>
<td>Homework Club School Photos</td>
<td>Food For Thought Black Tie Dinner</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Two</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 - 14 October</td>
<td></td>
<td>Homewor</td>
<td>BCC Athletics</td>
<td>Food For Thought Literary Morning Tea</td>
<td>Sat: Fete</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Three</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 - 21 October</td>
<td>Grade 3 Camp Rocklands</td>
<td>Homework Club Grade 3 Camp Rocklands Last Day for Oct Uniform Orders</td>
<td>Grade 3 Camp Rocklands Year 12 Last Day Rocklands Bike Ride</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Four</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>24 - 28 October</td>
<td>School Council</td>
<td>9/10 Ag Elective Bordertown VCE English Exam</td>
<td>Homework Club</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Five</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>31 Oct - 4 Nov</td>
<td>Melbourne Cup Holiday</td>
<td></td>
<td>Homework Club</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Six</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 - 11 Nov</td>
<td></td>
<td></td>
<td></td>
<td>Homework Club</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Seven</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 - 18 Nov</td>
<td>Yr 9-11 Exams</td>
<td>Yr 9-11 Exams</td>
<td></td>
<td>Homework Club Last Day for Nov Uniform Orders</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week Eight</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>21 - 25 Nov</td>
<td>VCE Headstart</td>
<td>VCE Headstart</td>
<td>VCE Headstart</td>
<td>VCE Headstart Homework Club</td>
<td></td>
</tr>
</tbody>
</table>